

TRAVEL

The Best Hotels on the Greek Islands to Visit This Summer

BY MONICA MENDAL March 26, 2024

Kea Retreat, Kea



Photo: Courtesy of Kea Retreat

Wellness travelers will be tempted by the offerings at Kea Retreat, a family-run boutique hotel located in a hillside nature reserve above the pristine blue waters of Psathi Bay. Combining the family's love for Greek culture, nature and food, with their passion for yoga and mindfulness, Kea Retreat offers travelers the option to book a five or six-night retreat or simply indulge in a relaxing and restorative hotel stay. Accommodations are built into 100-year-old *kathikies*, or traditional stone farmhouses, which are bathed in natural light and stocked with locally produced bath towels, pareos, and robes for guests to don throughout their stay. In addition to the traditional wellness activities offered on site, the hotel is introducing a new fine dining tasting menu restaurant this season, <u>Lygaria</u>, which will rotate dishes depending on the week's available produce and fresh catches.